# Kira Voelker, BS & BA

Curriculum Vitae 10622 Parkview Plaza Dr. Fort Wayne, IN 46845 kira.voelker@parkview.com Phone: (260)-266-0391

## Education

Purdue University, West Lafayette, IN

Bachelor of Science, May 2024 Bachelor of the Arts, May 2024

Majors: Psychological Sciences and Comparative Literature

# **Professional Experience**

Parkview Mirro Center Research and Innovation, Fort Wayne, IN May 2023-Current

Full-time Research Assistant Supervisor: Dana Albright, Ph.D.

- Conducted novel research through multi-institutional collaboration pertaining to diabetes and psychological variables
- Oversaw data collection and statistical analysis
- Gathered and analyzed data precisely using scientific and statistical techniques

### Purdue University Datamine, West Lafayette, IN

August 2022-May 2024

Undergraduate Research Assistant

Supervisor: Laura Moffat, Ph.D.

- Compiled data points using MIMIC-IV dataset to train a neural network to predict cardiac arrest
- Collaborated with Purdue Data Mine to gain valuable insight on the coding for the neural network
- Prepared research for peer-reviewed submission and poster fairs

#### Research Experience

**Parkview Mirro Center for Research and Innovation**, Fort Wayne, IN May 2023-Current Full-time Research Assistant

CoE EMA and CGM Literature Review

Supervisors: Dana Albright, Ph.D. & Kara Mizokami-Stout, M.D.

- Multi-institutional collaboration looking at EMA and CGM data used to measure diabetes and psychological variables
- Collaborated with University of Michigan and JDRF Center of Excellence
- Gained important insights into the comorbidities that exist between diabetes and mental health
- Performed a comprehensive literature search across various databases including PubMed. Elsevier Embase, and EBSCOhost
- Lead review of articles for inclusion and exclusion criteria
- Completed data analysis, thematic coding, and data cleaning
- Contributed to regular research team meetings to review articles and thematic coding
- Facilitated dissemination of work through poster abstract submission to Society of Behavioral Medicine Conference and submitted manuscript to peer-reviewed journal

Examination of Social Context of Type 1 Diabetes Through Social Media May 2023-Current Supervisors: Dana Albright, Ph.D., Jessica Pater, Ph.D., & Jessica Kichler, Ph.D.

- Multi-institutional collaboration with the University of Windsor characterizing the lived social support network for individuals with diabetes across social media platforms
- Hand-collected 800 unique data points on Instagram
- Joint development of thematic coding on key variables
- Data cleaning and thematic analysis to accurately measure support across platforms
- Contributed to research meetings to coordinate research tasks

- Provided umbrella supervision for 2 interns analyzing eating behaviors & diabetes sub analysis
- Maintained records for Instagram, Twitter, and Reddit data
- Facilitated dissemination of work through poster abstract submission to Society of Behavioral Medicine Conference and submitted manuscript to peer-reviewed journal

Certified Behavioral Community Health Clinic (CCBHC) Needs Assessment July 2024-Current Supervisors: Dana Albright, Ph.D. & Fayika Farhat Nova, Ph.D.

- Federally funded grant by Substance Abuse and Mental Health Services Administration (SAMHSA)
- Reviewed electronic health records (EHRs) to gather data regarding mental health and service utilization in the community
- Integrated EPIC reporting dashboard to extract EHR data and facilitate randomization across multiple clinical settings
- Exhibited adherence to HIPAA regulations, and ensured the secure organization of patient health information through diligent record keeping and data access controls

#### Purdue University Data Mine, West Lafayette, IN

August 2022- May 2024

Undergraduate Research Assistant

Early Prediction of In-Hospital Cardiac Arrest

Supervisors: Laura Moffat, Ph.D. & Mark Ward, Ph.D.

- Gained valuable insight into accurately training a neural network to predict in-hospital cardiac arrest using vital signs
- Developed effective skills in collaboration in a detail-oriented setting that focuses primarily on preventing in-hospital cardiac arrest
- Organized encrypted patient data and maintained source documents following good documentation practices
- Conducted a literature review to determine T-SMOTE's ability to accurately predict cardiac arrest
- Prepared research for reports, presentations, and submission to peer-reviewed journal

## **Assisted Research Activities**

# Parkview Mirro Center for Research and Innovation, Fort Wayne, IN

Full-time Research Assistant

Evaluation of Technology Use and Design Session for Blood Glucose Monitoring in Individuals with Diabetes and Prediabetes

Supervisors: Dana Albright, Ph.D. & Michelle Drouin, Ph.D.

- Recruited and communicated with patients who fit inclusion criteria for design session
- Participated in a run-through of technology and weighed in on design and use
- Bolstered design session, and took note of patient preferences for technology
- Developed valuable communication and listening skills
- Enhanced inter-personal skills through collaborations with colleagues, patients, and stakeholders
- Conducted literature review to support manuscript writing
- Facilitated dissemination of work through poster abstract submission to Society of Behavioral Medicine Conference and submitted manuscript to peer-reviewed journal

Grant Development for Advancing Trauma-Informed Care for Al-driven Mental Health Chat Bots Supervisors: Dana Albright, Ph.D. & Fayika Farhat Nova, Ph.D.

- Conducted literature review to support grant development and writing
- Observed grant development process
- Learned about mental healthcare via AI technology

Community-Based Participatory Research to Improve Nutrition and Lifestyle Behaviors in Elementary School Students in Fort Wayne, IN

Supervisor: Dana Alright, Ph.D.

- Participated in ongoing meetings with community stakeholders to identify targets of behavioral interventions
- Contributed to grant writing for two pilot grants
- Applied evidence-based intervention strategies to address the community concern regarding nutrition, food preference and intake through creation of a food-tasting and educational program for elementary students in low-resourced areas
- Integrated implementation science methodology to the research protocol to examine the food tasting intervention in the schools so that most students would benefit from it

# **Clinical Experience**

National Alliance on Mental Health (NAMI), Fort Wayne, IN

Sept. 2024-Current

Volunteer

Supervisor: Brenda Edwards

- Observed Connection Recovery Peer Support Groups (CRPSG)
- Anticipate formal training and certification to assist in facilitating CRPSG
- Anticipating assistance at various NAMI events including Out of the Darkness Community Walk for Suicide Awareness

National Suicide and Crisis Line, West Lafayette, IN

Nov. 2022-Dec. 2023

Volunteer Crisis Counselor

- Completed thorough training and certification to assist individuals and active crisis and suicidal ideation
- Provided emotional support, reassurance, and empathetic listening to individuals experiencing crisis
- Actively assessed risk factors of individuals experiencing extreme psychological distress or suicidal ideation/warning signs and provided the appropriate measures to ensure their safety and wellbeing
- Implemented relevant crisis intervention skills to de-escalate high-stress moments by acting as a first-line of emotional and psychological support
- Educated individuals about potential resources that may assist in their recovery and wellbeing
- Maintained confidentiality of all individuals to safeguard their private information

### **Manuscripts**

- Albright, D., Kichler, J., **Voelker, K.**, Tannous, A., Woldemichael, A., Tino, C., Pater, J. (2024). #T1D: Exploration and characterization of community engagement and support. Unpublished manuscript.
- Albright, D., **Voelker**, **K.**, Mizokami-Stout, K. (2024). The Devil Is in The Details: A scoping review of realtime psychological factors using ecological momentary assessment (EMA) with blood glucose monitoring. Unpublished manuscript.
- Albright, D., **Voelker, K.**, Mirro, E., Wagner, S., Drouin, M. (2024). *Prediabetic and Type II Diabetic Patients' Perspectives on Blood Sugar Monitoring and Continuous Glucose Monitoring*. Unpublished manuscript.

#### **Conference Poster Presentations**

- Crane, A., **Voelker, K**., Pater, J., Albright, D. (April, 2025). *Diabetes and eating disorder problem behaviors social media analysis*. Anticipated poster submission for the 96th annual meeting of Midwestern Psychological Association, Chicago, IL.
- **Voelker, K.**, Albright, D., Kichler, J., Tannous, A., Pater, J., (2025, March). #T1D: Exploration and characterization of community engagement and support. Anticipated poster presentation for the 46th annual meeting of Society for Behavioral Medicine, San Francisco, CA.

- Albright, D., **Voelker, K.**, Mirro, E., Wagner, S., Drouin, M. (2025, March). *Prediabetic and Type II Diabetic Patients' Perspectives on Blood Sugar Monitoring and Continuous Glucose Monitoring.*Anticipated poster presentation for the 46th annual meeting of Society for Behavioral Medicine, San Francisco, CA.
- Czech, K., Anderson, M., Lacanienta, J., Ratsovski, E., **Voelker, K.**, Wasyliw, J., and Moffat, L. (2024, April). *Enhancing bedside nursing care using Al.* Poster presented at the 2024 Datamine Corporate Partners Symposium, West Lafayette, IN.
- Voelker, K., DeJonckheere, M., Ang, L., Reynolds, E., Lee, J., Busui, R., Callaghan, B., Dhadphale, E., Iyengar, J., Mizokami-Stout, K., and Albright, D. (2024, April). The devil is in the details: A scoping review of real-time psychological factors using ecological momentary assessment (EMA) with blood glucose monitoring. Abstract accepted for the 45th annual meeting of the Society for Behavioral Medicine, Philadelphia, PA.
- Pannunzio, A., Arnholt, L., **Voelker, K.**, Skyes, J., and Moffat, L. (2023, April). *Early prediction of cardiac arrest using neural networks*. Poster presented at the 2023 Datamine Corporate Partners Symposium, West Lafayette, IN.
- Arnholt, L., Pannunzio, A., **Voelker, K.**, Skyes, J., and Moffat, L. (2022, November). *Early prediction of cardiac arrest using neural networks*. Poster presented at the 2022 Purdue Undergraduate Research Expo, West Lafayette, IN.
- Arnholt, L., **Voelker, K.**, Czech, K. Ratsovski, E., and Moffat, L. (2022, November). *Early prediction of cardiac arrest using neural networks*. Poster presented at the 2022 Purdue Health and Human Sciences Research Fair, West Lafayette, IN.

### **Editorial Activities**

Mentored reviews:

JMIR mHealth and uHealth

## **Umbrella Supervision/Mentoring**

Parkview Mirro Center for Research and Innovation Fort Wayne, IN Diabetes and Eating Disorder Behaviors on Social Media Sub analysis

May 2024-Current

- Oversaw and assisted two undergraduate research interns in data collection, thematic analysis, and dissemination analysis
- Trained and provided consistent guidance to enhance interns' data collection skills and answer questions as needed
- Guided sub analysis of an ongoing research project
- Maintained project organization and comprehensive record-keeping
- Demonstrated leadership and interpersonal skills through mentorship

## **Certifications and Training**

Overdose Prevention/Identification Training, 2023 Naloxone (NARCAN) Administration Training, 2023 Diversity and Equity Training, 2023 Question, Persuade, Refer (QPR) Training for Suicide, 2022 Crisis Intervention Training, 2022

# **Professional Memberships**

Society for Behavioral Medicine, 2023-Current Midwestern Psychological Association, 2023-Current Psi Chi Member, 2023-Current Purdue University Datamine, 2022-2024