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Parkview Co-worker Special Edition

Generosity Sparks Compassion

GENEROSITY

Your support helps others pick up the pieces

Less than two months after Kelli Kilgore moved into her boyfriend, Doug's, old farm house, she was at work when she got a call from him: "The house is on fire!" She dropped everything and quickly drove to their home to watch helplessly as firefighters tried to save what little they could.

They were both at work on that August 2018 morning when the fire started. One of the first responders, a friend of theirs, recognized the address and alerted Doug.

By the time Kelli and Doug arrived, the back of the house was engulfed in flames and there was nothing to do but watch. They lost the entire house and everything in it. What wasn't destroyed by flames was too damaged by smoke and water to salvage. They also lost two dogs and a cat that day.

They had no idea what to do. The Red Cross, their insurance agent, and family and friends really helped them through those first few days as they dealt with the shock of what occurred.

"Until it happens, it is unimaginable to consider all the things you need and use during a typical day. There are so many things you take for granted and don't even realize how much you depend on them for your daily routine. Not only furniture and clothes, but things like the food we had just bought, the meat Doug processes, produce from our garden, the kid's art pencils and supplies, towels... Absolutely everything had to be repurchased. The insurance and our savings helped, but it wasn't enough to cover everything," said Kelli

Kelli, an RN at Parkview Physicians Group (PPG) in Kendallville, explains how her Parkview co-workers helped her in a time of dire need, "They were amazing. They covered my shifts for me during the first week after the fire. My supervisor suggested I contact the Employee Assistance Program (EAP) office to learn about the Employee Emergency Assistance Fund (EEAF). The EAP coordinator was very supportive and within a couple of days, EAP was able to provide much-needed financial assistance from the EEAF that we used to help get the kids back to school and get us back to work."



EAP colleagues explained to Kelli that the financial assistance they received comes entirely from co-worker donations through the Parkview Foundations. EEAF is there to help co-workers like Kelli through shortterm crisis situations that are a result of emergencies or catastrophic events.

"The amount of support I received from my co-workers and from EEAF was almost overwhelming. Despite this horrible and stressful situation, we also felt a deep gratitude for the kindness and generosity that everyone showed us. You can't imagine how much it helped, how much every gesture meant, and how that made us realize that we were not alone. You never think something like this would happen to you. But when it does, you really need every bit of support. The entire experience has been overwhelming and we could not have gotten through it without the generosity and support of so many kind people in our community," Kelli said gratefully.

Kelli and Doug are beginning to recover from the shock and sadness of the fire. They acknowledge that while there are still a lot of pieces to put back together and paperwork to be done, they are grateful that the plans for rebuilding their house have been finished. They hope to move back onto into their home this summer.

To learn more about the Employee Emergency Assistance Fund in your community, please visit www.ParkviewFoundations.org.

> Please consider a gift or pledge in support of your Parkview co-workers at www.Parkview.com/EmployeeGiving







Kindness Ensures Safety

Improvements to EMS vehicles increase patient and co-worker well-being

To keep patient care a priority, important equipment updates regularly need to be made.

With the help and support of generous donors through the Parkview Foundation, new Stryker Power Load Systems have been installed in all six Allen County EMS trucks.

The power cots help increase patient and co-worker safety with extra support throughout loading and unloading

procedures. This leads to a reduction in Parkview coworker back injuries which ultimately helps prevent cumulative trauma injuries.

Although the cot upgrade has not yet been applied to the Samaritan Flight is program, it а Brett Steffen, goal. Samaritan Parkview Flight Services

Manager, stated the acquiring the cots for the ambulances alone took about three years for Parkview Allen County EMS to implement.

"Within the first 12 hours of the new cot system being installed, we began to receive amazing feedback from coworkers expressing gratitude about the powerful effect of donor generosity through the Parkview Foundation," explained Brett.

The prior system was not as effective in holding the cots in place, for example during an accident. The old, outdated cots also required two people when loading and unloading patients: one to hold the cot while the other person manually lifted the cot into the truck.

Now, with a mechanical arm that extends out of the truck on the new lift system, and by the touch of a button, the weight of the cot and the patient are completely supported by the arm as they are loaded into the Parkview EMS vehicle. This mechanical arm and easy-to-use technology allows the cot to serve patients up to 750 pounds and the operation is now only a one-person job.

The new Stryker Power Load Systems will provide better patient care and well-being while increasing our standard of care. This means that each new EMS truck will have the most up-to-date equipment.

Brett shared in greater detail how the generosity of

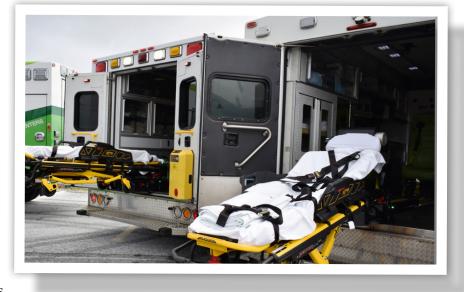
Parkview donors is enhancing care across the Parkview Health system. He explained that, "This not only Samaritan supports operations, but also all of our specialty care transports that we do. Allen County is responsible for all of our Parkview system's Specialty Care Transport such as Intensive Neonatal Care Unit (NICU) and

maternal transports. Through the help of our donors, we were able to upgrade all of the NICU isolettes stretchers. Those have now been made to function with the new lift system. So, now it is helping all of our NICU patients, newborns that we go out and assist, and also all of our maternal transports that may be high risk OB patients. It really is having a true impact on the entire region and health care system."

Because of your generosity, nearly 4,800 Parkview Health patients will experience better and safer care! To learn more, visit www.ParkviewFoundations.org.

PARKVIEW FOUNDATIONS

If you have a story to share, contact the Parkview Foundations' staff by email at Foundation@Parkview.com.



A Little Generosity Goes a Long Way

Making an immediate difference through the Employee Generosity Campaign

Some Parkview Huntington Hospital co-workers who have made contributions to the Employee Generosity Campaign (EGC) haven't had to wait long to see those dollars put to good use.

For the past nine years, unrestricted giving during the February EGC by Parkview Huntington Foundation has been used to fund mini-grants awarded that same summer.

"Turning those gifts around quickly is one of the ways we thank our co-workers," said Huntington Foundation Director Mike Perkins. "Foundation mini-grants are available to any department seeking innovative ways to enhance patient care or staff satisfaction. And since the program began here in 2010, every grant has been funded by unrestricted gifts made by co-workers during the Generosity Campaign."

Mini-grants are capped at \$1,000 each, and a minimum of five are funded each year. Applications are screened by a committee of foundation board members and the recipients are announced in late July. Through 2018, the program has awarded 68 mini-grants totaling \$47,344, to 14 different departments in the hospital.

Purposes have ranged from small equipment to supplies, furnishings, therapy evaluation kits, small appliances, communication devices – even materials for a one-day, hospitalbased asthma camp for children and their caregivers.

"Scores of our co-workers take part in the Employee Campaign each winter, and they give to many of the funds the foundation administers," Perkins continued. "Those who give to our Greatest Need Fund know their dollars are available for timely use, anywhere in the hospital. So when our mini-grants are announced every summer,

Your 2019 Parkview Employee Generosity Campaign

"....They can see their

generosity providing

immediate benefit, meeting

needs as they arise."

During the entire month of February you will have the opportunity to support patients, their families and your fellow co-workers through a one-time gift or a payroll deduction pledge to the Parkview Foundations. Your donations will be used to support the needs you identify as most important to you. Your generous gifts will support urgent needs and will stay in your local community.

Please complete the Employee Giving Campaign form distributed by your supervisor, or donate online today at www.Parkview.com/EmployeeGiving.





Walk This Way

You'll never know how big of a difference you make

On June 27, 2018 Parkview Wabash Hospital officially opened the doors to their new 80,000 square foot facility. While it has been an exciting and busy transition, it did include a bit of downscaling for some.

"We knew we were going to downsize to about a fourth of the range we once had for the Cardiopulmonary Rehabilitation and Wellness Center. And if we were downsizing, then we would take our best equipment and move it," explained Lori Miller, Outpatient Services Nursing Manager at Parkview Wabash Hospital.

The Wabash Cardiopulmonary Rehabilitation and Wellness Center team initially took three of their seven treadmills thinking that would be enough. However, the team determined that the treadmills are not unusable in the new facility. One was excessively loud, one was too fast even at its slowest speed, and one had the wrong power source outlet.

The treadmills are used by patients who have or had heartrelated health issues. Physical exercise such as walking is vital for heart health. Yet some patients have trouble



with their gait requiring special treadmills that can be regulated to move as slowly as 0.1 MPH. With the generous help of community donors through the Parkview Wabash Foundation, new treadmills have arrived!

According to the American Association of Cardiovascular and Pulmonary Rehabilitation, individuals who complete a cardiac rehabilitation program have improved general well-being, improved weight maintenance, heart function, blood pressure, and resting heart rate. Similar studies have also shown that completing a program of this nature can increase average life expectancy by as many as five years.

"I love knowing that funds raised through the Wabash Foundation stay here at the Parkview Wabash Hospital to benefit great work such as this," said Lori. "The new treadmills are very quiet, efficient and include a fan. The treadmills are something I wish we would've had 20 years ago."

Lori went on to explain that while any physical activity is important, it is nice to have a controlled environment within the new hospital where her team can apply these skills and educate their patients.

"Having state-of-the-art equipment at our fingertips to use with our patients makes it possible for us to provide the best possible care and rehabilitation for those we serve. We are so grateful for all donors," Lori remarked.

If you do not wish to receive future fundraising requests supporting the Parkview Foundations, you may call 260-266-7800, or email Foundation@Parkview.com. We will honor your request not to receive fundraising communications after the date we receive your request.

Connect with your Foundation:

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