



OFFICE OF GRADUATE MEDICAL EDUCATION

Policy/Procedure

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| TITLE: Behavioral Health Policy | |
| PAGES: 4 | REPLACES: N/A |
| EFFECTIVE DATE: 07.01.21 | POLICY/PROCEDURE #: |
| REVIEWED DATE: 04.07.23 | |
| REVISED DATE: | |
| (Please put an "X" before policy type that applies) - X INSTITUTION PROGRAM | |

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| <p>SCOPE: This policy applies to all resident physicians in an ACGME-accredited specialty program at Parkview Health.</p> |
| <p>PURPOSE: The purpose of this policy is to ensure the sponsoring institution (Parkview Health) will provide resident physicians with access to confidential counseling and behavioral health services to assist resident physician well-being.</p> <p>This policy is written in compliance with the Accreditation Counsel for Graduate Medical Education (ACGME) requirements regarding Resident Services (IV.I):</p> <p>IV.I.1. Behavioral Health: The Sponsoring Institution must ensure that resident physicians are provided with access to confidential counseling and behavioral health services. (Core)</p> |
| <p>DEFINITIONS:</p> |
| <p>POLICY: Parkview Health recognizes the challenges of balancing academics and personal issues. To assist resident physicians with achieving balance in all aspects of life, Parkview Health will offer 24/7 confidential counseling services at no cost to the resident physician.</p> |
| <p>PROCEDURE: Counseling services for resident physicians are available through Parkview Health’s department of Psychiatry and through the hospital’s employee assistance program. The Office of Graduate Medical Education offers 24/7 confidential counseling support for resident physicians free of charge.</p> <ul style="list-style-type: none"> Resident physicians may be referred to the Department of Psychiatry by their program director or they may self-refer by calling. The Department will refer the resident physician to the most appropriate practitioner if further treatment is necessary beyond the initial evaluation. <p>As full-time employees of Parkview Health, resident physicians and their dependents have eligibility access to the Parkview Health Employee Assistance Program (EAP).</p> |
| <p>LINKED/RELATED POLICIES:</p> |
| <p>REFERENCES/AUTHORITIES: Institutional Requirements, Accreditation Council for Graduate Medical Education, 2022 Terms and Conditions of the Match Participation Agreement and Policies and Procedures, the National Residency Matching Program, Section 4.0</p> |



PARKVIEW HEALTH

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| Reviewed/Approved | Date Approved |
|--------------------------------------------|----------------------|
| Graduate Medical Education Committee, GMEC | 06.18.21 |

| Name of Approving Entity | Date Approved |
|----------------------------------------|----------------------|
| Parkview Health Governing Body for GME | 06.18.21 |