



Parkview Foundations 2018 Generosity Report

OUR MISSION

The mission of The Foundations of Parkview Health is to inspire the generous spirit of our community that brings gifts of healing and comfort to everyone Parkview serves.

Parkview Health believes generosity significantly aids in the healing of, and caring for, each patient and family. Every donor serves their community through their gifts. Contributions to the Parkview Foundations are vital for Parkview Health to continue meeting the changing health needs of our region.





From the Foundation Chair—

On these early, dark winter mornings as I drive past Parkview, I have observed the many hospital rooms illuminated from within. I have often thought about the emotional stories that are unfolding in those rooms every single day — the joy at the birth of a new baby, the anxiety accompanying the uncertainty of a diagnostic test, the relief associated with a successful procedure, or the grief at the death or devastating injury or illness of a loved one.

Some years ago, like many, my family's story also unfolded within one of those well-lit rooms. My mother and I were simultaneously admitted to Parkview for very different reasons. On that particular morning, my beautiful, kind mother wheeled down with my father from a few floors above to greet my darling, newborn baby boy — just after she received a devastating cancer diagnosis. It truly was the most bittersweet moment of my life — and I expect it was for my parents as well.

Some months later, my mother passed — with my father and me at her side surrounded and supported by the nurses, doctors and chaplain who had come to know her within those bright hospital rooms over time.



I will always be grateful for the expert medical care she received as well as for the sensitivity with which the process of life and death, and the realities thereof, were thoughtfully, if not reverently, addressed by the care team at Parkview.

As I reflect on this experience of birth and loss, I am so very thankful for the gift of quality time. Time to spend with my mother and father. Time for my mother to hold her new grandson and to spoil her granddaughter. Time to celebrate my parent's 40th wedding anniversary. Time to express words of love that might otherwise have gone unsaid. Even in a hospital room. Here in Fort Wayne.

By virtue of the support that Parkview Foundation donors provide, Parkview can dramatically enhance the patient experience, to preventative medicine, to technology, to equipment, to research, to training, to facilities and to care opportunities for the benefit of this community. These donor-supported enrichments provide the most profound and wonderful blessing of all — more quality time with loved ones.

I can think of no greater gift to bestow.

Sincerely,

Cusan Imon.

Susan E. TrentChair - Parkview Foundation
Partner - Rothberg Logan & Warsco, LLP



A Most Precious Gift

It was a day filled with anticipation that inevitably ended in sadness for the Scott family. Stacey and Doug were expecting their fourth child in a few months and were eagerly preparing for the baby's arrival. During a routine check-up however, the physician had a difficult time finding the baby's heartbeat. Stacey was sent immediately for an ultrasound, hoping the baby was just in a position that made it difficult for the medical staff to evaluate. But upon receiving the ultrasound, the Scotts' worst fear was realized. Their daughter had died.

66

Everybody at
Parkview was
very loving and
respectful. We
were allowed to
stay in our
exam room
and mourn our
devastating loss,"

stated Stacey. "From the techs to the doctors, everyone showed so much compassion." "It seemed like we were asked 1,000 times 'are you ok'," added Doug, who is a Parkview Noble ER doctor with Professional Emergency Physicians, Inc. (PEP). "I have worked with Parkview Health for 20 years, so we knew there were caring people on the front lines. Everyone was so kind."

The progression of Stacey's pregnancy required that she return to Parkview a few days later to deliver her daughter. Stacey, Doug and the baby—Arden—were able to be together as a family but only for a short time. Both Stacey and Doug agreed that if they had more time to spend with Arden, even a just a few hours, it would have helped them considerably through the grieving process.

Stacey turned to her family and friends to share their story and soon was overwhelmed with support. While researching online, Stacey read about a family who experienced the same loss and was introduced to the Caring Cradle. The Caring Cradle allows a dignified means for parents and families to spend more time with a deceased baby.

With full support from Doug, Stacey initiated a Facebook campaign to purchase a Caring Cradle for Parkview Regional Medical Center's Neonatal Intensive Care Unit (NICU). Family, friends and people across the United



As I was trying to help myself heal, thought what can we do to help other parents who may have to experience the same loss," Stacey remembered. "The Caring Cradle was the answer I was looking for."



States from Ohio to California sent donations. Kristin Lauber of Shepard's Circle also made a donation and with the Scott family's own contribution through the Parkview Foundation, the goal of purchasing a Caring Cradle became a reality.

"We wanted to do something more than giving money and we wanted to do something that would impact others," Stacey concluded. The Scott family gave the gift of time, love and comfort. And they're convinced there is no better way to honor their daughter, Arden, than through this healing act of generosity.



Doug and Stacey Scott.

TOTAL **DONORS**

5,811



Igniting Generosity with Comfort Food

Behind every giving heart is the spark of inspiration and love. That is just the case with Ash Brokerage's Campbell's® donation of Chicken Noodle Soup in November. For the third consecutive year, Tracey Ash and her team from Ash Brokerage stopped by Parkview Cancer Institute's (PCI) Infusion Center to donate soup for patients.

Almost 10 years ago Tracey's friend, Karen Waldron, was diagnosed with breast cancer. They were such good friends, and she was a grandmother figure to Tracey's son, James. In 2007—right around the time that Karen was diagnosed—Campbell's® came out with their iconic pink labels on their Chicken Noodle and Tomato soups in support of breast cancer. Karen became inspired.

As she was receiving treatments at Cameron Memorial Community Hospital in Angola, she decided to make 'soup care packages' for her friends at the hospital. She called them her 'cancer family.'

Tracey and James were there to witness Karen's kind act of generosity in the midst of fighting her own battle. She unfortunately passed away on December 3, 2008.

To keep Karen's legacy alive, Tracey asked that her co-workers donate cans of Campbell's® Chicken Noodle Soup.

"2016 was the first year that we decided to do this. It was James' 21st birthday and he was an intern at Ash Brokerage. I decided to have a surprise carry-in for him, but because everyone wanted to participate it just kept growing," Tracey explained while laughing. "By this time we had enough to feed an army. So I asked that they bring Campbell's® Chicken Noodle Soup to help keep Karen's legacy alive. We collected 354 cans of soup that year and were able to make 177 care packages."

Each care package consists of two cans of soup along with a note of encouragement and hope.

record by collecting 1,036

This year, they set a

of soup to create their soup care packages.

Homestead High School's Honors 4 and 5 Spanish classes were among the many eager volunteers who helped



write the notes of encouragement. When asked if she had a goal for 2019 Tracey stated,

Well, James and I have always believed in paying it forward and I always want to beat the year before, but my goal for next year is to get even more people to participate and be involved."

This lovely act of generosity will forever warm the hearts of patients. To learn more about how you can join others in caring for your community, visit ParkviewFoundations.org.

Making a Lasting Impact at a Young Age

They were things she just didn't need any longer—cars, books, a toy lawn mower, those types of items. She found a cash box, set up a table at home, and held a garage sale during the Fourth of July. She made some money, and knew exactly where she wanted it to go. Her garage sale would help a particular group of hospital patients. It would help children just like her.

Azlyn McQueen is seven years old and possibly the county's youngest donor. In late September, she visited the foundation office at Parkview Huntington Hospital (PHH) with her mother, PHH's medical laboratory scientist Niki McQueen, to drop off a gift...a gift with a very specific purpose.

"I wanted to help people get toys while they're in the hospital," Azlyn declared.

"The gift was all Azlyn's idea," her mother said. "We had a family gathering over the holiday, and part of that was a large garage sale. But Azlyn knew just what she wanted to do. She found her own cash box to make her own money."

NOT BAD FOR SOMEONE WHO JUST ENTERED THE FIRST GRADE LAST FALL.

Azlyn no longer has the toy cars she played with when the summer began. Some of her well-read picture books are also gone, as is the toy lawn mower she pushed as she 'helped' her father, Nick, mow the yard at their rural Whitley County home. They were all sold at the garage sale, to be enjoyed by other children. And the money she received — which was matched dollar-for-dollar by a companion gift from her parents — will go to put smiles on even more children's faces.

Azlyn's gift will become part of the Parkview Huntington Foundation's Pediatrics fund, which supports and enhances treatment for the hospital's youngest patients. Now, while Niki McQueen is doing her important work in the PHH lab, Azlyn's generosity is at work in the hospital, too, providing a special kind of care that heals.



Healing Takes Time

Millions of Americans miss out on their favorite activities because of chronic, non-healing wounds. But thanks to a new space at Parkview Huntington Hospital, and the support of generous donors, people in the community have a new resource to help them fight back.

In November 2017, Parkview
Huntington Hospital (PHH) began
an expansion of its rehabilitation
and wellness facilities to better serve
residents of Huntington County and
the surrounding area. The Holly D.
Sale Rehabilitation and Wellness
Department offers both existing and
new services and will include the
latest modes of treatment for nonhealing wounds.

At the same time, generous gifts by Parkview Huntington donors, including proceeds from events such as the Parkview Huntington Community Gala, have generated more than \$23,700 to help meet pressing needs throughout the expansion area.

The addition of the 20,271 square feet of treatment and support space means many Parkview patients will no longer need to travel elsewhere for specialized care.

Therapists working with children can offer more types of treatment in larger areas. The new center has additional private consultation and exam rooms for patients of all ages, as well as a larger space for the Activities of Daily Living Lab, a renovated Adult Fitness Center, and room for new types of therapy and wellness-oriented programming.

The latest in wound-care methods and technology arrived in December, when the Huntington County Medical Society Wound Care Center, located in the Parkview Huntington Center for Wound Healing, opened its doors.

It features a pair of hyperbaric chambers that promote healing of difficult wounds caused by diabetes, burns or similar injuries, vasculitis, and many other conditions. Hyperbaric oxygen (HBO) therapy involves the use of greater-than-normal air pressure to suffuse the body's tissues with pure oxygen, which stimulates the natural healing process. This therapy can provide tremendous improvement for stubborn, chronic wounds that have not healed following standard treatment.

"HBO therapy can make a huge difference in quality of life for people who have been struggling with truly unpleasant wounds," stated Juli Johnson, PHH President. "We're really excited to be able to offer this state-of-theart wound care treatment locally, so Huntington County residents won't have to travel far."



Along with HBO therapy, the center will offer other clinically proven treatment options in partnership with Healogics™, the nation's largest provider of advanced wound care services.





TRANSFORMATIVECANCER CARE FUND

\$509,461



\$391,887



Donors Like You Save Lives Outside of the Hospital Walls

The next time you pass Parkview LaGrange Hospital's campus, you may begin to notice a blue light near the emergency entrance canopy.

This bright blue light sits upon an eight-foot tall tower. The tower, called 'Code Blue,' was made possible by kindhearted community gifts through the Parkview LaGrange Foundation and is in fact a call system for patients who need emergency medical assistance, but are unable to get themselves safely from their car to the emergency room.

Up until now, a patient with mobility problems who needed immediate, emergency medical assistance would have to wait in the car while their friend or family member relayed their need to the staff,"

said Trevor Fry, emergency department manager. "The new system will remove these delays and improve the timeliness of care for our emergency patients."

The installation of the 'Code Blue' emergency system grew out of a recommendation from the members of Parkview LaGrange Hospital's Patient Family Advisory Council (PFAC).

"The emergency call tower is a wonderful example of the impact of generous donors. They made it possible for the hospital to act quickly on an identified need from Parkview LaGrange patients and local community members," said Jared Beasley, vice president, patient care services, Parkview LaGrange Hospital. "We greatly appreciate the generosity of our donors that make projects like these possible."



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Healing for the Body, Mind and Spirit

For patients who are facing life-changing illnesses such as cancer, chronic heart failure, pulmonary disease, or who have made the decision to end all active treatment, Parkview Hospice brings care that focuses on relieving physical, emotional and spiritual suffering.

Parkview Hospice provides care to all patients, regardless of insurance coverage or ability to pay for services, thanks to the generosity of donors much like yourself who contribute to Hospice Care through the Parkview Foundations. Every year, Parkview LaGrange and Parkview Noble Hospice Care helps hundreds of local residents spend their final months at home with family, alleviating pain, reducing discomfort, treating symptoms, and enhancing the quality of life.

The hospice treatment team may include physicians, nurses, social workers, chaplains, pharmacists and bereavement counselors and more, all depending on the patient's needs. All hospice services are available to the patient at home, the hospital or in a nursing home.

Through the financial gifts of individuals, along with those who have supported the Parkview LaGrange and Noble Foundations' Festival of Trees, LaGrange hospice patients have also been able to receive specialized care from music and massage therapists.

Both of these disciplines focus on providing healing for the heart, mind and spirit at a time when physical healing is no longer a goal," says Hanna Eakin, certified massage therapist, Parkview Hospice.

Massage therapy includes a variety of techniques to help the patient relax, and find relief from pain and stress. The techniques may include everything from aromatherapy to deep tissue massage.

Donations to hospice also help provide individual and group bereavement support for families in the months following the loss of their loved one.



ALL HOSPICE SERVICES ARE AVAILABLE TO THE PATIENT AT HOME, THE HOSPITAL OR IN A NURSING HOME.

Food at the Center for Healthy Living

Earlier this year, Parkview Noble Foundation awarded a mini-grant to Parkview Noble Hospital's Center for Healthy Living. The Center for Healthy Living requested cooking equipment that would be utilized in their cooking demonstrations and healthy eating educational classes.

Thanks to the generosity of our donors, the approved request included items such as:

- POTS
- PANS
- COOKING UTENSILS
- BAKING SHEETS
- A MINI FRIDGE

This equipment will allow the Center for Healthy Living to include a larger variety of food preparation in their educational programs. These healthy eating initiatives are open to the community and offer valuable information for people with diabetes, obesity or those who are simply interested in exploring new, delicious and healthy meal options.





Taylor Yoder,
Supervisor - Center for
Healthy Living, stands
by a cart with some of
the cooking equipment
purchased with the
help from generous

Dietician Julia
Walker and Food
Services (Dietary)
Lead, Melanie Tackett,
taught a cooking class
that demonstrated
various recipes using
cauliflower. Attendees
appreciated the new
ideas and enjoyed a
sample when each dish
was ready!







Because of Your Generosity, Cheryle's Voice is Heard

"I think that my friend is having a medical emergency,"

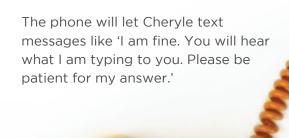
was the call received by Noble County EMS Dispatch regarding Cheryle Tarter. The EMS team was sent to Cheryle's home but they found no medical emergency.

Cheryle has had several strokes that left her with a speech impairment. When she answers the phone, callers may erroneously think that she is in difficulty and contact 911 with their concerns. Although her daughter lives in Columbia City and a social worker assists her several times each week, neither can be with her on a daily basis. Cheryle is independent and lives alone in Kendallville.

The multiple EMS calls were a little embarrassing to Cheryle. She also realized they prevented EMS teams from concentrating on other pressing needs. Connie Cummins, coordinator of the EMS House Calls program, was made aware of the situation and visited Cheryle to understand if there were preventive steps that could be taken to avoid future false alarms.

After meeting with Cheryle, Connie began to research options to improve Cheryle's ability to communicate by phone. She found a TTY (Talk To You) phone with text-to-speech capability that would allow Cheryle to type messages that would be converted to speech. This system would allow Cheryle to be understood by the other person on the call.

Thanks to the generosity of community donors, including the Kendallville Rotary Club, the Parkview Noble Foundation was able to provide the TTY phone system for Cheryle. The Kendallville Rotary Club donated about one-third of the cost of the phone. The remaining amount was provided through donations to the Parkview Noble Foundation's Special Touch fund.





Cheryle, sitting, demonstrates the TTY phone for Angel (standing

I am fine. You will hear what I am typing to you. Please be patient for my answer."

"This is a relief for me," stated daughter Angel Korte, who lives in Columbia City with her husband and children. "Even though I try to visit her several times a week, I've had to drive to Kendallville to check on her because I couldn't understand her on the phone. I'll feel better knowing that it will be easier to determine if she really needs help or if she just wants to talk."

"Cheryl is an active person and this will help her to be able to continue to live independently – just as she should," said Alisa Carpenter, her social worker. "I understand her fairly well, but sometimes I have to ask her

to write down what she is trying to say. This will make it easier for me to check on her before I come and she can tell me if she needs me to run any errands for her before I come."

Cheryle was all smiles as Connie installed the phone for her and showed her how to use it. Cheryle wanted to make sure that everyone involved with making the phone a reality was thanked. No one had any problem understanding her heartfelt words as she said, "I'm grateful to everyone who helped get me this phone. Thank you!"

Kindness for Kids Program Provides Comfort at Parkview Wabash Hospital

With generous support from the community and the Wabash Hospital Auxiliary, the Parkview Wabash Foundation is ensuring that the Kindness for Kids program stays right where it is — at Parkview Wabash Hospital.

The Kindness for Kids program ensures that children, who are Parkview patients in the laboratory, emergency or surgical departments, receive a stuffed animal during their stay.

Wabash Hospital Auxiliary and the Parkview Wabash Foundation hope these stuffed animals will help calm a child who is facing a needle stick, stitches, or an operating room procedure. Hospital staff also hope the stuffed animals will provide comfort to the parents — knowing their child has a 'stuffed friend' to squeeze tightly and help them overcome any anxiety.

Along with supporting the Kindness for Kids program, the Wabash Hospital Auxiliary has also supported Parkview Wabash Hospital in a variety of ways, ranging from operating the gift shop, to helping provide a scholarship fund, to organizing bake sales.





To learn more about how you can make a big difference in a little way, please visit **ParkviewFoundations.org.**

Parkview Provides Comfort and Privacy for Mothers

Breastfeeding is one of the best things you can do to give your baby the healthiest possible start in life. Just because it is normal and natural, however, doesn't mean it's always easy.

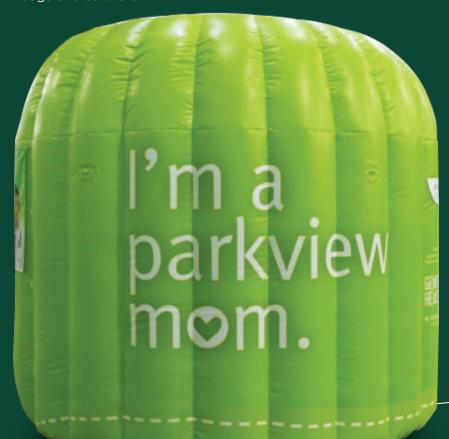
Mothers who nurse their babies in public often experience negative reactions from others, and many mothers feel uncomfortable feeding their babies outside their homes.

Parkview Health knows that for those who breastfeed, it is a natural part of motherhood. In support of Parkview moms, Ashli Pershing — Birth Planner and Lactation Consultant with Parkview Wabash Hospital — sought out a solution to make mothers more at ease with public scrutiny that sometimes occurs when breastfeeding.

A mother herself, Ashli understood the importance of having a space for privacy that is comfortable for all. With the new Parkview Wabash Hospital providing OB services, this is the first time in 14 years the hospital has delivered babies — increasing the need for Wabash County family-friendly activities and events.

At many of these events, like the 4-H Fair, mothers now have a private, dedicated space to breastfeed or care for their child. With Ashli's help and the generous financial support from the community through the Parkview Wabash Foundation, Wabash County now has a portable, free-standing breastfeeding pod that can be easily transported to events throughout the year.

The pod is hard to miss with the bright 'Parkview green' color and words, 'I'm a Parkview mom.' It is designed to be relaxing for mothers with amenities including tissues, a comfortable chair and table, and reading materials — just to name a few. It also has doors with magnetized closures, and a 'vacant' or 'occupied' sign with plenty of space for bags and strollers!



"

I want this to be very comfortable for mothers. I had a mom ask if she has to breastfeed in there and I told her absolutely not. She can pump, bottle feed her child, clean her child in there, or if a child has autism this can be a great space to help them desensitize. It can be used any way to help mothers and families," Ashli explained.

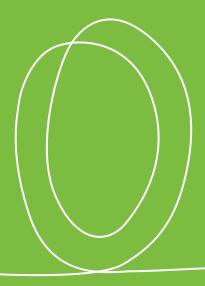
And remember, happy, healthy moms and babies mean a happy dad too!







100% of the donations stay in each community in which they were raised and support direct patient care.



O DOLLARS

contributed go toward the administrative costs of the Parkview Foundations.

Comfort and Mobility for Patients

When a loved one is in the hospital or in need of care, often there is little a family can do aside from sitting and waiting. However, if you have to sit on the sidelines, it is always comforting to know that your loved one is being looked after with quality patient care.

Parkview Whitley Foundation was honored to direct the gifts of their selfless donors to purchase 20 new Stryker Prime TC® Transport Chairs for patients. These wheelchairs are designed with not only the patient's safety in mind, but the caregiver's safety as well, putting everyone at ease and in better care.

When it comes to the patient experience, details matter.

The Stryker transport chairs were designed with comforting aesthetics that include an advanced level of care.

It is designed to help create a safe and welcoming environment for patients and their families. It has large wheels

for maneuverability and a one-touch central brake system.

A new intuitive feature is the BackSmart ergonomics that have been incorporated into the design to help reduce bending and reaching that may be associated with caregiver injury. This is done through the use of a firm, but comfortable frame that enhances durability. BackSmart also includes push handles to help increase caregiver safety by allowing Parkview caregivers to position their elbows at a 90-degree angle to accommodate people of nearly any height.

Some other features that will make patient care even better are the flip-up footrests which will significantly reduce trip hazards by providing a clear path for the patient as they come and go from the wheelchair. In order to ensure that patients have safe access from the wheelchair to their beds, cars, or tables — a foot-operated 'swing away' functionality improves access and closer positioning to patient. Lastly, the Stryker Prime TC Transport Chair easily stows away when not in use.



'I Speak' is Communicating Better with Patients

Being a patient at a hospital can be an overwhelming, unsettling experience. But being a patient at a hospital when you do not speak the same language as your doctors and nurses can be terrifying. Language barriers may also discourage patients from seeking help or treatment.

Through the gifts of generous donors, and much research from the Parkview Diversity and Inclusion Department, 'I Speak' booklets have been purchased and made available across the Parkview health system for interpretation services. The 'I Speak' booklets are used by non-English speaking patients to help them convey how they are able to communicate by pointing to a spoken language in the booklet.

By simply pointing to the text in the guide, patients are able to communicate to staff their language of choice by identifying their native language or dialect in the 'I Speak' guide,"

stated Dr. Diana Jackson-Davis, director, Diversity and Inclusion. "In addition, if a patient or family member requires sign language, we can also meet the needs of those patients as well. Staff will be better prepared to get an interpreter for the patient and as quickly as possible." 'I Speak' booklets will assist Parkview staff in quickly identifying the required language needed for the patient or their family members and remove a potential barrier that may prevent their access to care. This opportunity also allows Parkview to continue its commitment to serving the immigrant community.

At the Parkview Foundation, we are beyond grateful for our compassionate donors who make such a positive difference in the lives of Parkview's patients, and our communities.

I Speak...

Language Identification Guide

This guide assists Non-English speaking individuals to identify their preferred language.

PARKVIEW HEALTH



'I Speak' booklets will assist Parkview staff in quickly identifying the required language needed for the patient or their family members...



THANK

Thank you to the **5,811 individuals and organizations**who gave through the Parkview
Foundations in Allen, Huntington,
LaGrange, Noble, Wabash and
Whitley Counties.



